



Canadian Association of Nuad Thai & Spa, Inc.

Association Canadienne de Nuad Thai & Spa, Inc.

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General Rules and Regulations

All candidates are required to carefully read and adhere to the following rules to ensure a fair, respectful, and professional environment throughout the event:

1. Registration and Category Selection

- Each candidate may register for up to **two (2) massage categories**.
- The **registration fee is \$150 CAD** for two categories. Candidates who register for **more than two categories** must pay an increased fee of **\$150 CAD**.
- Detailed descriptions and specific rules for each massage category are available. Candidates must review these in full and comply accordingly.

2. Session Timing

Each massage session is allotted a total of **40 minutes**, broken down as follows:

- **10 minutes**: Set-up time before the massage
- **40 minutes**: Active massage time
- **10 minutes**: Clean-up and disinfection of the area

3. Prohibited Techniques

There is a **zero-tolerance policy** regarding the following:

- Sensual or sexual massage
 - Chiropractic manipulation
 - Osteopathic techniques
 - Acupuncture or needling of any kind
- Violations will result in immediate disqualification and removal from the event.

4. Language and Communication

- Non-French-English-speaking candidates are permitted to have **an interpreter** present to assist with brief speeches and basic communication needs.

- Interpreters must not interfere with the session or assist with the massage.

5. Equipment and Supplies

- The organizer will provide massage tables and mats at a renting cost.
- Candidates must supply all additional materials, including but not limited to:
 - Clean **sheets, towels, facial towels**
 - **Lubricants** (non-allergenic recommended)
 - **Hand sanitizers and disinfecting wipes**
 - Massage **tools, bolsters, stools, stands**
 - **Clothing** for the massage receiver, if applicable

6. Cleanliness and Hygiene

- All massage areas, including tables and mats, must be **thoroughly cleaned and disinfected** after each session.
- Candidates must use a personal facial towel to wipe sweat. Sweat must not drip onto the receiver at any time.

7. Receiver Privacy and Comfort

- **Proper draping techniques** must be used at all times to maintain the receiver's dignity and comfort.
- Only the specific body part being massaged may be exposed; the rest of the body must remain covered.
- **All receivers must wear underwear** during the session. Nudity is strictly prohibited.

8. Dress Code

Candidates must wear **professional attire** suitable for massage practice:

- No long-sleeved shirts
- No shorts above the knee
- No slippers or flip-flops
- Athletic or massage-appropriate uniforms with short-sleeved tops and pants are recommended.

9. Music Policy

- **Personal music devices are not allowed.**
- Background music will be provided and controlled by the organizer for consistency and ambiance.

10. Allergy Awareness

- Candidates must **use hypoallergenic or least-allergenic lubricants** and confirm with receivers ahead of time regarding any known allergies or sensitivities.

11. Professional Conduct

- Candidates must demonstrate **professional behavior, hygiene, and communication** at all times.
- Any form of harassment, misconduct, or violation of professional ethics will result in immediate disciplinary action.

12. Compliance

- All participants must comply with the event rules, venue regulations, and instructions provided by the organizing committee.
- Failure to comply may lead to warnings, disqualification, or removal from the premises.